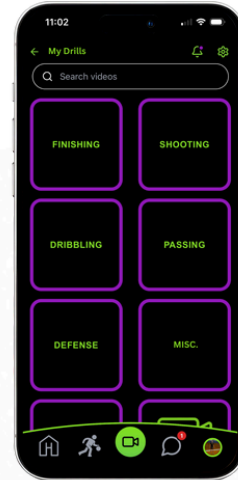




HOW REMOTE TRAINING WORKS FOR Trainers

1 YOUR CURATED DRILL LIBRARY

You record a minimum of 30 drill videos, each 1-2 minutes long. Each video is a focused demonstration of a specific drill/skill with you instructing.



2 RECEIVE SKILLS

Each week, Hoopers send you 3 short skill videos showcasing their Dribbling, Shooting, & Finishing ability. All 3 videos are a cumulative 1 minute long

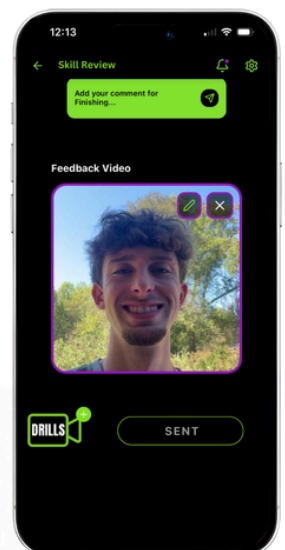


3 SEND FEEDBACK

Within 24 hours of receiving skill videos from your Hooper, you review each video. You leave a comment on each skill, and record and send a 30 second selfie video providing personal feedback on your Hooper's skills. This is pointed and encouraging feedback.

4 SEND DRILLS

Every month, (a minimum of 1x/month) you send your Hooper drill videos to work on specific areas of their game. You hand select the drills that best help your Hooper improve.



5 REPEAT!

Review skills weekly with your video feedback response, and send monthly drill videos. Keep training, keep mentoring, keep making an impact.